

SDAN

Self-Directed Advocacy Network of Maryland, Inc.

WELCOME!

Sustainability
Grant

SDAN
Strategic Plan

FMCS Update

JOIN

Question
Time

Tell us what is
most pressing
for you!

SDAN Membership Meeting

October 17, 2023



Please Mute.

Use Chat Box for questions. Please keep side conversations to a minimum.

We will be recording.

Close captioning available.

Agenda

Welcome; Review Meeting Goals & Introduce Guests

Sustainability Project: ARPA Grant – Marla Hollander

Strategic Plan – Call for new Board Members – Beth Benevides

FMCS update

Questions & Discussion as time allows



“The SDS Sustainability Project” ARPA Grant

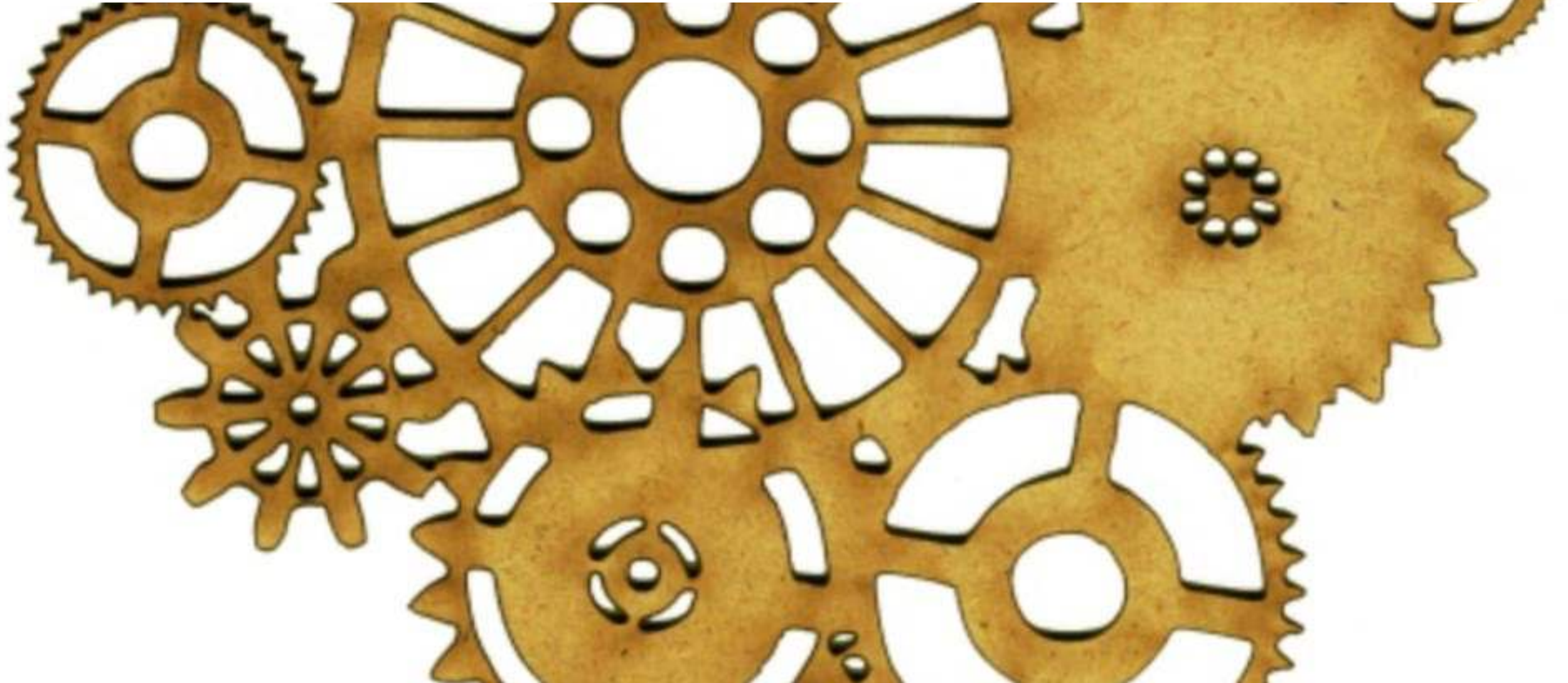
- SDAN applied for and received approval for an American Rescue Plan Act (ARPA) grant through the DDA
- Sustainability—the ability of a participant to continue self-directing as long as they wish to do so—has been a long-term advocacy focus for SDAN
- Directing the grant is Marla Hollander, parent of a self-directing participant and health advocate and founder of Collaborative Strategies LLC



The Sustainability Planning Project

Project Manager: Marla Hollander, Collaborative Strategies LLC

Launch: October 17, 2023



This project aims to address a significant support gap that would support people with I/DD during a crucial period of transition that typically occurs later in the adult years as natural caregivers age

For this Project:

"Later Years" refers to persons with I/DD who are out of school

"Sustainability" refers to planning for the ability of a participant to continue self-directing in transition and beyond

The Sustainability Planning Project



PROJECT REVIEW



HOW TO GET INVOLVED



QUESTIONS



My Why

Phases of Work

Laying the Foundation

Connecting with Stakeholders (Advisory Groups)

Environmental Scan and Literature Search (Learning about what exists / what are people and systems using)

Conducting Research (Survey's, Listening Sessions)

Identification of Best Practice Models and Emerging Practices

Data Analysis

Sharing Results and Proposing Solutions

3 Ways to get Involved in this project

1

Apply to Serve on
Advisory Committee

2

Participate in
Surveys

3

Participate in
Listening Sessions

Please post your SDS Sustainability Grant questions in the chat now—we will address them at the end of the meeting.



SDAN Strategic Plan from July 2022



Beth Benevides

Parent of an adult son who self-directs

Board member, Autism Society of America; past president,
Howard County Autism Society

Maryland Center for Developmental Disabilities at Kennedy
Krieger Institute, Community Advisory Council

Ethan Saylor Alliance for Self-Advocates as Educators Steering
Committee

Commission for Disabilities - Howard County

Member, Council of Parent Attorneys and Advocates (COPAA);
special education advocate

SDAN Vision Statement, Reaffirmed

We envision people with intellectual and developmental disabilities living self-directed, fulfilling lives with access to all the long-term services and supports they need.

SDAN Mission Statement, Reaffirmed

SDAN-Maryland's mission is to advocate for participant choice, control, flexibility, and the sustainability of self-directed services and supports. We do this through education, training, legislative advocacy, maintaining partnerships with state agencies and divisions, and collaborating with organizations committed to supporting people with intellectual and developmental disabilities.



Member Polls

1. I learn something new when attending SDAN meetings.

2. SDAN is a reliable source of information.

3. SDAN advocates first and foremost for the individual at the center of their plan.





Core Values

Each person has a right to a self-directed life [autonomy]

The participant, their family, and their circle of support are all respected members of one team [respect]

All people can self-direct their lives when given the support they need [presumption of competence]

All people have a voice in where they live, who they live with, and what they do [control]

The person at the center of the plan is the priority and leader [authority in person-centered planning]

People have the ability to design their own lives [flexibility]

Strengths and Assets

Depth of leadership

Expertise from lived experience

Knowledge of leadership

Demonstrated successes

Connection to community

Awareness – know what people need to hear

Videos to promote the vision



2-Year Strategic Plan Goals

SDAN will strengthen its organizational structure

SDAN will expand its visibility and membership

SDAN will strengthen the voice of people with disabilities and their families

SDAN will educate the community on self-directed services



Call for Board Members

Anyone may apply to become a Board Member. We are particularly seeking:

Persons with a developmental disability who self-direct (18 or older)

Parents, guardians, or family members of a self-directing child or adult

Support brokers with current or recent experience working for self-directing participants

Registered nurses with experience working for people who self-direct

Other persons with relevant skills and experience



Become a Board Member

Official board meetings occur quarterly;
informal meetings are monthly

Board members also serve on at least one
working committee that meets regularly

Please complete the **online application on
SDAN website – www.marylandsds.org**

Questions: email info@marylandsds.org



SDAN Membership

In January, our current supporters will have the opportunity to become official SDAN members.

Formalizing membership will define the SDAN community, strengthen our advocacy efforts, support grant opportunities, and give SDAN the ability to offer member only benefits.

To become an official member, you must complete a membership form and, after April 1st, pay a nominal annual membership fee. The annual membership fee will be waived for anyone joining between January 1st and March 31st.

Details to follow shortly.



Thank you!

Marla Hollander

Beth Benevides



FMCS Updates & News

Recent FMCS Advocacy

Results of Advocacy

Continued Advocacy



FMCS Updates & News

FMCS 14% Fringe
Issue

FY23 Expenses Paid
out of FY24 Budget



QUESTIONS? THOUGHTS?

Put your questions in the chat box or if you are unable to do that, use the “raise your hand” function.

We will answer as many questions as possible!

Reminder: Please feel free to email any private/sensitive information to info@marylandsds.org



Self-Directed Advocacy Network of Maryland, Inc.



Self-Directed Advocacy Network of Maryland, Inc.

Upcoming DDA Webinar: Self-Directed Services Updates

**Thursday, October 26,
2023 at 12 Noon**

REGISTER HERE

Thank you!

The logo for SDAN (Self-Directed Advocacy Network of Maryland, Inc.) features the letters 'SDAN' in a large, bold, sans-serif font. Each letter is filled with a different color and has a black shadow effect. The 'S' is yellow and black, the 'D' is red and black, the 'A' is yellow and black, and the 'N' is red and black. The letters are arranged in a slightly staggered, overlapping manner.

Self-Directed Advocacy Network of Maryland, Inc.

Donate

Write to us
info@Marylandsds.org

Volunteer

Join the
Mailing List

Help each
other!

Apply to be a
Board
Member