



My Story



Hi, my name is Carmen Houston-Ludlam and I have self-directed my services for a year. I work at MOD Pizza where I make pizza crusts with the dough press, make pizzas for our customers, and help keep the store and the dishes clean. I love my job, and my co-workers are really nice to me and make me feel part of the team. In my spare time, I practice my ventriloquism, and I hope to be on America's Got Talent some day. I really like British things, and I am saving money from my paychecks to take a trip to London as soon as I can travel again after the pandemic. I am very active, and I swim, snowboard, dance and cheer. I also like to make reels on Instagram with funny songs. I really like fashion, and I post pictures of myself wearing outfits similar to a British model named Holly Willoughby.

*Choice and Control
Matter to Me!*



Carmen Houston-Ludlam
PO Box 429
Lothian, MD 20711
Mom's Cell: 443-994-0902
ginger.hl@runningspringsfarm.com

Self-Direction is important to me because...

- I like to decide what I am going to do with my time instead of having to do what someone else tells me.
- I have a lot of interests, and I like having someone close to my age to share them with and hang out with- like my aide Angel.
- I am proud that I can make my own decisions.